

## **FULL MARATHON**

WEEK 2 3.0 MILES Home Base: (206) 383-5949

- 1. Start at Bethany Community Church and walk/run South along Green Lake Drive N until you reach Greenlake.
- 2. Cross W Green Lake Drive N and walk/run along the inside path of Greenlake.
- 3. Complete one full lap around Greenlake.
- 4. Walk/run back to Bethany Community Church.

## **NOTES**

Take care when crossing Green Lake Drive N. Use crosswalks and follow all pedestrian regulations on the Greenlake inner path.