

Full Marathon

Week 17
12 Miles

Home Base: (206) 383-5949



Step	Stage	Total	Direction	Description
1	0.0	0.0	Start	Bethany Community Church @ Green Lake Dr. N
2	0.2	0.2	South	Stone Ave N
3	0.9	1.1	Right/West	North 77th St
4	1.9	3.0	Left/South	8th Ave NW
5	0.1	3.1	Left/Southeast	Leary Way NW
6	---	3.1	Right/South	7th Ave NW (short distance, at Hales, to Burke Gilman Trail)
7	4.9	8.0	Left/South/East	Burke Gilman
8			Left/North	Ravenna PI NE
9			Left/West	NE 55th St
10			Right/North	Ravenna Ave NE
11			Left/West	NE Ravenna Blvd
12		9.5	Left/West	NE 65th St
13			Cross	E. Green Lake Way N
14			Left/Clockwise	Green Lake (outer trail)
15			Left/North	Green Lake Dr N
16	---	12.0	Finish	Bethany Community Church