

Full Marathon

Week 14
15 Miles

Home Base: (206) 383-5949



Step	Stage	Total	Direction	Description
1	0.0	0.0	Start	Bethany Community Church @ Green Lake Drive N.
2	0.2	0.2	Southeast	Green Lake Drive N.
3	0.0	0.2	Cross	W. Green Lake Dr. N
4	0.8	1.0	Left/Clockwise	E. Green Lake Dr. N (outer path of Green Lake)
5	---	1.0	Cross	E Green Lake Dr N (Starbucks)
5	1.45	2.45	Left/Southeast	NE Ravenna Blvd
6			Right/South	Roosevelt Way NE
7			Right/Southwest	Eastlake Ave E (Cross University Bridge)
8			Right/Southwest	Fairview Ave N
9			Continue on	Valley St
10			Right/Northwest	Westlake Ave N
11			Right/North	4th Ave N (cross Fremont Bridge)
12			Left/West	N 34th St (first intersection after bridge)
13			Continue	Burke Gilman Trail
15			Burke Gilman meets	NW 45th St
16			Left/West	NW 45th St.
17			Right/Northwest	Shilshole Ave NW
18			Left/West	NW Market St
19			Left/Southwest	NW 54th St
20			Becomes	Seaview Ave NW (goes under railroad overpass)
21			Right/North	38th Ave NW
22			Right/East	NW 61st St (goes under railroad overpass, same as last week)
23			Left/North	36th Ave NW
24			Right/East	NW 65th St
25			Left/North	8th Ave NW
26			Right/East	NW 77th St
27			Left/Northeast	W Green Lake Dr N
28			Left/Northwest	Green Lake Dr N
29	---	15.0	Finish	Bethany Community Church