## Week 11 - Full Marathon-12 Miles

| Step | Stage | Total | Direction | Description |
| :--- | :---: | :---: | :--- | :--- |
| 1 | 0.0 | 0.0 | Start | Bethany Community Church @ Stone Avenue N. |
| 2 | 0.1 | 0.1 | South | Green Lake Way N. |
| 3 | --- | 0.1 | Cross | East Green Lake Way N. |
| 4 | 1.5 | 1.6 | Left/Southeast/Clockwise | Green Lake (Outer Track) |
| 5 | 0.5 | 2.1 | Left/South | Green Lake Way N |
| 6 | --- | 2.1 | South | Stone Way N |
| 7 | 1.4 | 3.5 | Left/East | Burke Gilman Trail |
| 8 |  | $\sim 4.6$ | Water Station Break | On BGT at Latonia behind Dunn Lumber |
| 9 |  |  | Continue East | On BGT |
| 10 | 0.3 | 5.2 | Cross | 15th Ave NE (3/4 of a mile from Turnaround Point) |
| 11 | 0.4 | 5.6 | Cross | Riviera Vista (less than $1 / 2$ mile from Turnaround Point) |
| 12 | 0.4 | 6.0 | Turnaround - Out and Back | At Mile 6 (A little north of pedestrian bridge to UW <br> basketball arena) |
| 13 | 0.4 | 6.4 | Cross | Riviera Vista |
| 14 | 0.4 | 6.8 | Cross | 15th Ave NE |
| 15 | 0.3 | 7.1 | Under | I-5 - then water station available again |
| 16 | 1.6 | 8.7 | Right/West | Burke Gilman |
| 17 | 1.2 | 9.9 | Right/North | Stone Way N |
| 18 | 0.5 | 10.4 | Right/North | Green Lake Way N |
| 19 | 1.5 | 11.9 | Right/North/Counter <br> Clockwise | Green Lake (Outer Track) |
| 20 | --- | 11.9 | Cross | E. Green Lake Dr N |
| 21 | 0.1 | 12.0 | Right/Northwest | Green Lake Dr. N |
| 22 | --- | 12.0 | Finish | Bethany Community Church |

